

QUICK START GUIDE

1. Download App



For iOS, go to the App Store®.



For Android™, go to Google Play.

Search for “MDHearing” and install the app. Open and follow the instructions to get started.

Note: The app is required to personalize your CORE.

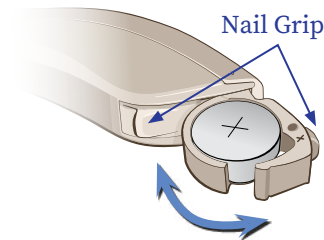
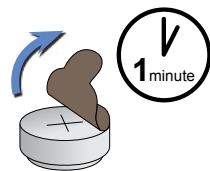
App Store is a service mark of Apple Inc., registered in the U.S. and other countries. Android, Google Play and the Google Play logo are trademarks of Google Inc.



2. Insert Battery

Remove tab and **wait one (1) FULL minute** to activate battery.

Use nail grip to open battery door and insert battery with the positive (+) side up. Close battery door to turn the CORE on.

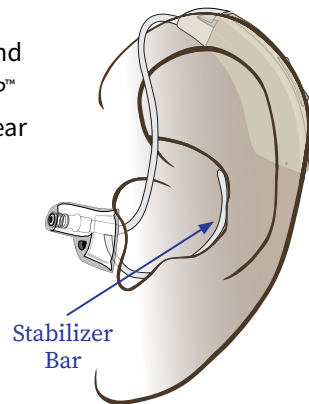


Follow the instructions in the app to connect CORE to your phone or tablet.

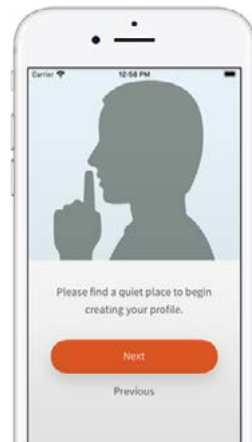


3. Personalize

Place the CORE body behind your ear. Insert *ComfortTIP™* with gentle pressure into ear canal. Tuck stabilizer bar into the outer bowl of ear.



Find a quiet place and follow the instructions in the app to personalize your CORE.



4. Volume/Program

Use the app Dashboard to change volume and program. Or use the hearing aid push-button:

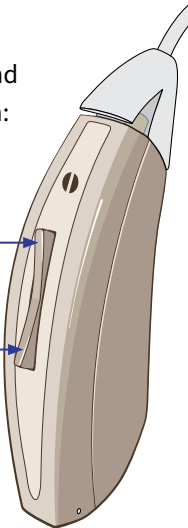
Volume—press/quickly release

Program—press/hold

Raises volume and program

Lowers volume and program

For more information, refer to the user manual and app manual included in your MDHearingAid box.



FIRST FEW WEEKS

The Road to Better Hearing

Unlike eyeglasses, where everything comes into focus once you put them on, hearing is a more nuanced process. You will be hearing many new sounds, and it can take your brain time to adjust. After a few weeks, you'll be amazed by what you've been missing.

If you have any questions, we're here for you every step of the way.

800-918-3914

support@MDHearingAid.com

Week 1

When you first start wearing hearing aids, some sounds may seem too loud, such as the refrigerator humming, paper crinkling, or your footsteps. This is normal. Your brain is relearning how to prioritize the sounds it hasn't heard in a while. The more you wear your hearing aids, the less you will notice these sounds. Don't give up!

Patience

Start out wearing your hearing aids for 30 minutes a day and gradually build up to wearing them all day.

Practice

Listen to songs you know by heart or watch a TV game show and guess the answers without reading them off the screen.

Week 2

Hearing these new frequencies that you haven't heard in a long time can be exhilarating and a little tiring. As you wear your hearing aids more, conversations will become easier. You may even have to ask people to stop yelling at you.

Week 3

After a few weeks, listening closely won't require so much effort, leaving you feeling more energized and communicative. Voices will be clear and you'll be able to enjoy the sounds of life around you again, such as birds singing in the backyard, children laughing, and leaves rustling in the wind.

Participate

Enjoy restaurants with friends, movies at the theater, and family parties—without guessing to fill in missed words.