

quick start guide



01. download app



Download on the
App Store

For iOS, go to the App Store®.



GET IT ON
Google Play

For Android™, go to Google Play.

Search for “LifeEar” and install the app.
Open and follow the instructions
to get started.

*note: The app is
required to personalize
your LifeEar CORE.*

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registered in the U.S. and other countries.
Android, Google Play and the Google Play
logo are trademarks of Google Inc.



life
ear

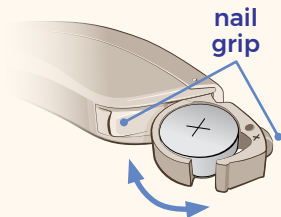
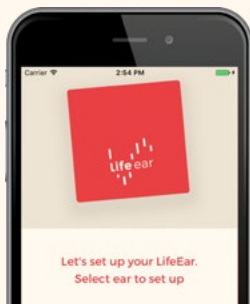


02. insert battery

Remove tab to activate battery.

Wait one (1) FULL minute. Use nail grip to open battery door and insert battery “+” side up.

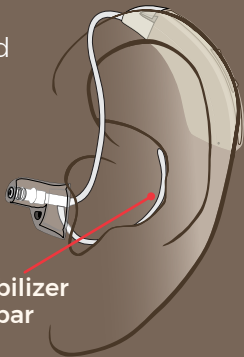
Close battery door to turn the CORE on.



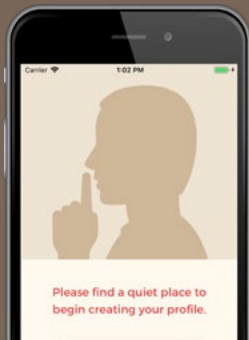
Follow the instructions in the app to connect CORE and your device.

03. personalize

Place the **CORE** body behind ear. Insert *ComfortTIP™* with gentle pressure into ear canal. Tuck stabilizer bar in the outer bowl of ear.



stabilizer
bar



Find a quiet place and follow the app instructions to personalize your **CORE**.

04. volume/program

Use the app Dashboard to change volume and program. Or use the hearing aid button:

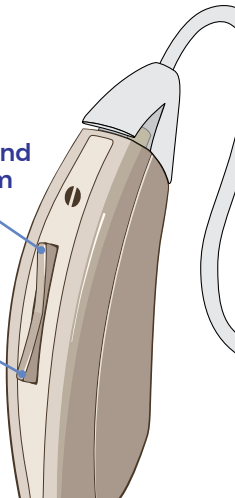
volume — press/quickly release

program — press/hold



**raises
volume and
program**

**lowers
volume and
program**

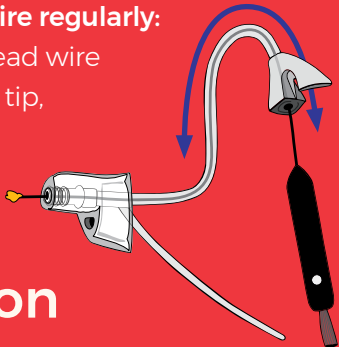


05. maintenance

Wipe daily: Use the microfiber cloth and cleaning tool brush to clean your CORE.

Use cleaning tool wire regularly:

Remove tubing, thread wire through tubing and tip, and remove debris.



**for more
information**

Please refer to your user manual and app manual included in your LifeEar box.

the first few weeks



week 1

When you first start wearing hearing aids, you will hear many sounds at once and it may seem too loud. You'll notice things like the clock ticking, the refrigerator humming, or a fish tank filter running. This is because your brain has forgotten how to prioritize sounds.

Regaining your hearing is like learning a new language. The more you immerse yourself, the quicker you'll adapt. With practice and patience, your brain will relearn which sounds to ignore.



week 2

The adjustment period can be tiresome. Your brain is working hard to process sounds and it can take a toll on your energy. But don't give up! Listening will become easier in the second week and you'll start to notice you're understanding more. The best way for your brain to relearn how to hear is to wear your hearing aids every day.



week 3

After a few weeks, hearing aids will become just another part of your daily life. Your brain will be filtering out insignificant sounds and the amount of effort put into listening will decrease, making you feel more energized.

Conversations will be easy and you'll be able to enjoy the sounds of life around you, such as singing birds, children laughing, or the cat purring. You'll be amazed by how much you were missing.